

Deplestin® 80:1

Food supplement based on **MYO-INOSITOL, ALPHA-LACTALBUMIN**
and **D-CHIRO-INOSITOL**

What is the physiological role of myo-inositol and D-chiro-inositol?

Scientific studies have shown that the use of psychotropic drugs leads to a reduction in peripheral inositol levels in the body. This depletion promotes the onset of undesirable effects such as alopecia, acne, hirsutism, weight gain, psoriasis, hyperandrogenism, hypothyroidism, polycystic ovary syndrome (PCOS), male infertility, amenorrhea/dysmenorrhea, and insulin resistance, making therapies difficult to manage.

Myo-inositol and D-chiro-inositol are molecules physiologically produced by the body and are involved in numerous metabolic processes, including the regulation of blood glucose levels and lipid profile. Several scientific studies have demonstrated the beneficial properties of these molecules in cases of PCOS, acne, psoriasis, alopecia, hyperandrogenism, and hypothyroidism. Therefore, continuous and balanced supplementation with myo-inositol and D-chiro-inositol may be useful in managing side effects associated with the use of psychotropic medications.

What is the physiological role of alpha-lactalbumin?

Alpha-lactalbumin is a whey protein useful for improving, as demonstrated in various scientific studies, the intestinal absorption of various nutrients, such as myo-inositol and D-chiro-inositol. Scientific studies show that this improvement in absorption is attributable to the prebiotic and trophic action that alpha-lactalbumin exerts in the intestine.

What are the indications for supplementation with Deplestin® 80:1?

Deplestin® 80:1 is a food supplement based on myo-inositol, alpha-lactalbumin and D-chiro-inositol, useful for providing a supplementary share of these nutrients in case of reduced dietary intake or increased need.

How should Deplestin® 80:1 be taken?

It is recommended to take one or two sachets per day, away from meals. To ensure a constant intake of inositol, the two sachets should be taken 12 hours apart. Dissolve the contents of one sachet in a glass of water (200 ml).

Warnings

Keep out of reach of children under three years of age. Do not exceed the recommended daily dose. Supplements should not be considered a substitute for a varied and balanced diet and a healthy lifestyle. It contains milk protein. The expiration date refers to a properly stored product in its intact packaging. Store in a cool, dry place away from light.

Composition

Myo-inositol, **alpha-lactalbumin** and D-chiro-inositol; for the complete list of ingredients, consult the information on the label.

Packaging

30 sachets of 2,10 g.

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Separate disposal, check the information of your municipality

Manufactured on behalf of Lo.Li. Pharma Therapeutics S.r.l.

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