

Cardiositol®

Food supplement based on **MYO-INOSITOL**, **D-CHIRO-INOSITOL** and **ALPHA-LACTALBUMIN**

What is the physiological role of myo-inositol and D-chiro-inositol?

Myo-inositol and D-chiro-inositol are molecules naturally produced by our body, whose physiological importance has been widely reported in various metabolic processes, such as the insulin response. Scientific studies show that the intake of these molecules is particularly useful for restoring a normal metabolic profile in cases of chronic metabolic imbalances (e.g., hyperglycemia, hyperlipidemia, etc.). Physiological states altered by excess blood glucose, elevated triglycerides, or inositol deficiency can induce a general inflammatory condition in the body, which is particularly harmful to the heart. This condition could lead to the death of cardiomyocytes, the cells responsible for cardiac contractions, an event that, as reported by European guidelines, may predispose to the occurrence of arrhythmic events. Continuous and balanced supplementation with myo-inositol in combination with D-chiro-inositol (ratio 40:1) can help normalize the metabolic profile, thereby assisting the body in counteracting the decline of cardiac function.

What is the physiological role of alpha-lactalbumin?

Alpha-lactalbumin is a milk serum protein that helps improve the intestinal absorption of various substances, including myo-inositol and D-chiro-inositol, and supports the management of arterial hypertension. Thanks to its effect on the absorption of myo-inositol and D-chiro-inositol, this protein is therefore crucial in cases of nutritional imbalances, enhancing the effectiveness of the treatment. This is why combined supplementation of myo-inositol and D-chiro-inositol (ratio 40:1) together with alpha-lactalbumin is more effective in counteracting the degeneration of cardiac tissue.

How should Cardiositol® be taken?

Cardiositol® is a dietary supplement based on myo-inositol, D-chiro-inositol, and alpha-lactalbumin, useful for providing an additional supply of these substances in case of reduced dietary intake or increased need. To ensure a consistent intake of myo-inositol and D-chiro-inositol, it is recommended to take one or two sachets daily, according to your doctor's advice, away from meals, following a dosing schedule with 6-month cycles. If taking two sachets, they should be taken 12 hours apart. Dissolve the contents in a glass of water (200 ml).

Warnings

Keep out of reach of children under three years of age. Do not exceed the recommended daily dose. Supplements should not be considered a substitute for a varied and balanced diet and a healthy lifestyle. The expiration date refers to a properly stored product in its intact packaging. Store in a cool, dry place away from light. It contains milk protein.

Composition

Myo-inositol, alpha-lactalbumin, D-chiro inositol; anti-caking agent: silicon dioxide.

Packaging

20 sachets of 2,1 g.

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Manufactured at:
Via Asi Consortile km 0+200 – 03013 Ferentino (FR) - Italy
on behalf of Lo.Li. Pharma Therapeutics S.r.l
Via Sabatino Gianni, 14 - 00156 Rome, Italy

